

WINTER FUN

SAFETY TIPS FOR PARENTS AND CHILDREN

Winter in Canada can be as much fun as summer if you remember to be mindful of winter hazards and take a few safety precautions.

Winter Driving

- ❖ Consider checking resources for local weather and road conditions and heed any warnings by Environment Canada.
- ❖ Heavy snow, freezing rain, high winds, blizzards, and cold waves are all hazards that should be considered when driving.
- ❖ Ensure your vehicle is appropriately maintained (engine tune-up and winter tires).
- ❖ Drive according to road conditions. Even vehicles with four-wheel drive (including SUV's) could lose control and become involved in serious collisions.
- ❖ Accommodate winter conditions by leaving early for all travel, regardless if it is to a skating rink or a long trip.



Consider this...

Check with KFL&A Public Health regarding information about frostbite and hypothermia.

www.kflapublichealth.ca

Winter Play

- ❖ Parents should check for severe wind chill conditions or extremely low temperatures before allowing outdoor fun. Keep children indoors if extreme conditions exist.
- ❖ Dress appropriately for the weather, and take care that children are dressed in warm dry clothing.
- ❖ Make sure that children are supervised during outdoor play.
- ❖ Any winter structures built with snow should have open and not closed tunnels, to reduce the risk of suffocation and other snow accidents that could occur.
- ❖ Ensure that children do not play on snowbanks beside roads. They could slip and fall or run into oncoming traffic and they are less visible due to their small size.
- ❖ Children should be instructed not to go near snowploughs and snowblowers. Children are fascinated by these machines and are not aware of the dangers they pose.
- ❖ Please explain to children the danger of placing their tongue on cold/frozen metal objects. This activity is still very common and a demonstration with an object may eliminate the curiosity.
- ❖ When tobogganing, make sure that the path is clear and does not contain any objects or obstacles that can present a serious threat. The potential for serious injury or death should adults or children collide with a stationary object is very high.
- ❖ Be sure not to exceed your experience while skiing, snowboarding or skating. Take the time and learn in a safe environment and always wear a helmet.



FOR MORE INFORMATION ON THIS SUBJECT, PLEASE CONTACT:

KINGSTON POLICE

Community Services Unit-School Resource Officers

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Kingston ON K7K 4C2

Non-Emergency 613-549-4660

www.kpf.ca

