

INTERNET SAFETY TIPS FOR CHILDREN AND PARENTS

Some parents are reluctant to set stringent rules regarding Internet use but consider the following:

Is there really any “privacy” while using the Internet?

Are you infringing on your child’s privacy by monitoring computer/Internet use?

If they are not comfortable with family members seeing what they are posting, then should they be posting it online?

Of course you trust your child...but do you trust millions of people who may have access to him/her while online?

1. Keep the computer in a common area of the house –NOT in the bedroom.

2. Limit the amount of personal information that is posted online.

3. Ensure e-mail address or screen names do not reveal too much information (ie: kingstonsocccergirl1997@live.ca- TOO MUCH INFORMATION)

Consider this...

Check with Cybertips regarding information about internet safety.

www.cybertips.ca

4. Be wary of web cameras. Consider only using them with adult supervision.

5. Limit the number of photographs that are shared online and the number of people with whom they are shared.

6. Limit the amount of time spent on the Internet each day.

7. Review contact/friends lists together with your children to ensure there are no strangers on those lists.

8. Set house rules about Internet use and be consistent-those rules may change with the age of the child.

9. Talk openly about the potential dangers of the Internet and how to stay safe.

10. Review the rules of the Internet site (ie: must be 13 years old to be on Facebook).

11. Keep the lines of communication open!



FOR MORE INFORMATION ON THIS SUBJECT, PLEASE CONTACT:

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